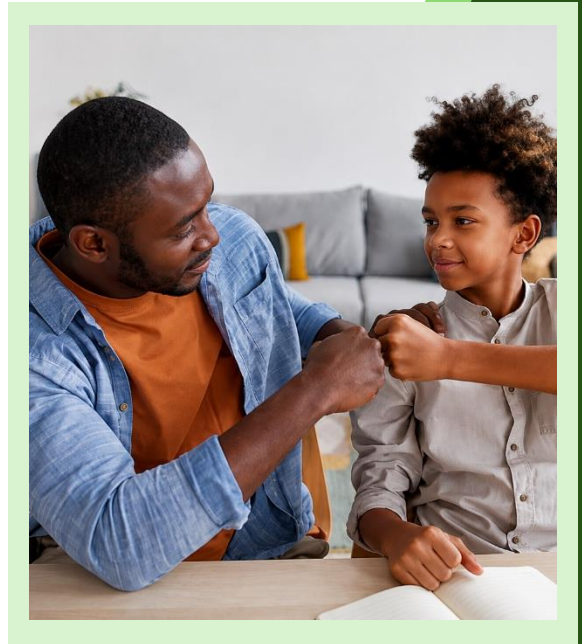


ARK INCLUSIVE EDUCATION

One Connect ^(Beta) Application

A Digital Solution for Regulatory
Compliance and Evidencing
Progress in Children's Residential
Care

EXECUTIVE SUMMARY



CORE PRINCIPLE

1:1 meetings are not just a regulatory requirement — they are the primary context for therapeutic progress.

The same SCCIF outcomes, care planning standards, and young person voice requirements — delivered through meaningful 1:1 sessions that young *people can engage with, track their own progress within, and succeed in achieving.*

1 Purpose and Rationale

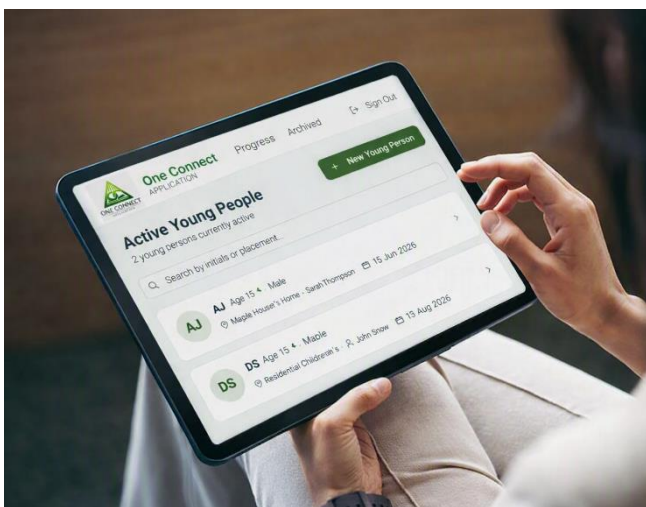
1.1 The Challenge: Evidence Gaps in Residential Care

Children and young people in residential care with significant SEMH needs, trauma histories, attachment disorders, ADHD, and ASD face profound challenges in achieving stability and positive outcomes. Those who have experienced multiple placement breakdowns, are at risk of placement breakdown, or are struggling to engage with care often miss opportunities for therapeutic progress. Research demonstrates that placement instability correlates with poorer outcomes, increased safeguarding risks, and compounding mental health difficulties.

The stress of these periods takes a significant toll on mental health, compounding existing vulnerabilities and widening outcome gaps. Under the Children's Homes Regulations 2015 and the Social Care Common Inspection Framework (SCCIF), registered providers must demonstrate that children are making progress and that their care is having a positive impact on their lives.

Young people who have experienced trauma often develop unhelpful coping strategies that can undermine placement stability and relationships. Past experiences of maltreatment impact internal working models and impede children's capacity for attachment and interpersonal connection. Placement disruption further exacerbates emotional and behavioural difficulties, contributing to a cycle of instability.

Despite good practice occurring daily in most homes, providers struggle to articulate a connected narrative that demonstrates how their policies translate into positive outcomes for young people. Generic Word templates and no structured feedback on documentation mean that homes are often unable to evidence progress when Ofsted inspectors arrive.



THE EMERGING NEED

The One Connect App addresses this emerging need: a purpose-built digital solution designed to transform how children's residential care homes prepare for Ofsted inspections under the SCCIF, through the power of structured 1:1 sessions and automated reporting

1.2 Who the APP Is For?

The RISE 2 Recovery Curriculum is specifically developed for:

Cohort	Description
Young People	Participating in their own progress assessment, co-producing their care, and building self-awareness through structured 1:1 sessions
Care Staff and Key Workers	Recording observations, tracking progress against care plans, and capturing young person voice during 1:1 meetings
Registered Managers	Evidencing quality of care, monitoring progress, and preparing for inspections with comprehensive dashboards
Responsible Individuals	Overseeing Regulation 45 quality reviews and governance through automated reporting
Regulation 44 Independent Visitors	Accessing auditable records of 1:1 consultations, incidents, and young person engagement
Ofsted Inspectors	Accessing a clear, structured evidence narrative mapped to SCCIF judgement areas



2 The One Connect App

2.1 App Structure

The One Connect App follows a continuous, sequential pathway aligned to the SCCIF judgement areas, with regular monitoring and updates made for the **entire duration of the young person's residency**:

Step	Milestone
Day 1	Referral and Onboarding — Baseline BDSE assessment established
Week 1	First 1:1 Session — Building trust, introducing the framework
Ongoing	Weekly 1:1 Sessions — Regular BDSE scoring, progress tracking, goal setting, and voice recording
Quarterly	Progress Reviews — Thematic analysis, trend identification, and care plan adjustments
Pre-Inspection	Automated Report Generation — Evidence mapped directly to SCCIF criteria
Transition	Exit Portfolio — Comprehensive progress summary for next placement

2.2 The 6 SCCIF Progress Domains

The focus of the app targets six interconnected domains aligned to SCCIF outcomes, each with five criteria and four indicators each, creating **120 level descriptors** scored using the **BDSE framework (Beginning, Developing, Secure, Exceeding)** :

Domain	Focus Areas	SCCIF Link
1. Emotional Regulation & Self-Management	Emotional literacy, self-regulation strategies, trigger identification, conflict resolution, post-incident reflection	Overall Experiences & Progress
2. Relationships & Attachment	Trust-building, accepting comfort, repairing relationships, peer relationships, family contact	Overall Experiences & Progress
3. Identity, Self-Perception & Confidence	Self-esteem, identity exploration, resilience, self-advocacy, life story engagement	Overall Experiences & Progress
4. Education, Independence & Life Skills	Education engagement, functional skills, self-care, independence, future planning	Overall Experiences & Progress
5. Safety & Risk Management	Risk recognition, safety planning, help-seeking, exploitation awareness, risk reduction	Helped & Protected
6. Voice, Participation & Rights	Expressing views, meeting participation, complaints, advocacy, co-production	Overall Experiences & Progress / Effectiveness of Leaders & Managers

2.3 The Ongoing 1:1 Session Structure

The app is designed for use during **regular 1:1 meetings** between key workers and young people **for the duration of the young person's residency**. Each session records:

- Young person's self-assessment of progress
- Staff observations and reflections
- Agreed goals and action steps
- Voice and participation evidence
- BDSE scoring across relevant domains
- Notes on any setbacks or challenges

This ensures that progress tracking is **continuous, collaborative, therapeutic**, and **young person-led**, directly aligning with SCCIF expectations that children "actively participate in decisions about their lives" throughout their placement.

3 Research-Informed Foundation

3.1 Evidence for Structured Progress Tracking

Research on trauma-informed interventions demonstrates that relationships formed with specialist staff can enable children to trust, feel safe, and make use of adult support. Key findings that underpin the app design include:

Finding	Implication for the App
Relational safety is fundamental	The app tracks the development of trusting relationships through BDSE progression over the entire residency, evidencing that the home is building the relational foundation for progress
Co-regulation precedes self-regulation	Through regular 1:1 sessions in which pupils have enough "good enough" experiences of co-regulation, they will, over time, internalise the skill of self-regulation — tracked through BDSE movement across domains
Behaviour is communication	The app captures behavioural indicators as evidence of underlying needs and progress, supporting staff to understand behaviour as communication rather than defiance

Finding	Implication for the App
Progress is not linear	The app captures setbacks and challenges alongside progress, demonstrating that the home is a "learning organisation" that understands the nature of recovery from trauma
Consistency drives outcomes	Regular, structured monitoring ensures that progress is tracked consistently throughout the placement, providing a complete narrative of the young person's journey

3.2 The BDSE Framework

Research on competency development demonstrates that structured, graduated descriptors support both staff and young people to recognise and celebrate progress. The **BDSE framework (Beginning, Developing, Secure, Exceeding)** provides:

Level	Description	Purpose
Beginning	The young person cannot yet demonstrate the skill or behaviour	Establishes baseline; identifies starting point
Developing	The young person can demonstrate the skill with support	Recognises early progress; identifies areas for targeted support
Secure	The young person can demonstrate the skill independently	Evidences meaningful progress; demonstrates impact of care
Exceeding	The young person can demonstrate the skill and support others	Evidences leadership, resilience, and sustained progress

4 How the App Is Used?

4.1 Ongoing Delivery Model

The One Connect App is designed with maximum flexibility to meet the needs of young people across different placement durations and needs. The app supports:

Feature	Description
Weekly 1:1 Sessions	Regular structured meetings between key worker and young person to track progress, set goals, and capture voice
Continuous BDSE Tracking	Scores updated regularly to reflect the young person's current level of development across all six domains
Flexible Duration	The app is used for the entire duration of the young person's residency — from admission through to transition
Real-Time Recording	Observations and progress notes recorded at the point of care, immediately updating care plans and reports
Young Person Access	Young people can view their own progress, supporting co-production and self-awareness

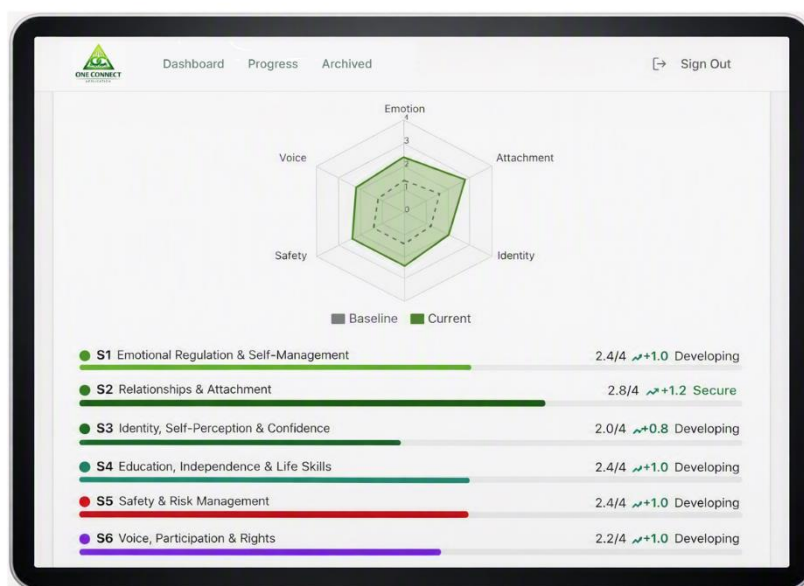


The One Connect App turns every 1:1 meeting into inspection-ready evidence, tracking young people's progress and that captures young person voice, staff observations, and automated reporting

4.2 What Is Tracked: The Key Working Content

4.2.1 The 6 SCCIF Progress Domains

Domain	Key Focus Areas
Emotional Regulation & Self-Management	Emotional literacy, self-regulation strategies, trigger identification, conflict resolution, post-incident reflection
Relationships & Attachment	Trust-building, accepting comfort, repairing relationships, peer relationships, family contact
Identity, Self-Perception & Confidence	Self-esteem, identity exploration, resilience, self-advocacy, life story engagement
Education, Independence & Life Skills	Education engagement, functional skills, self-care, independence, future planning
Safety & Risk Management	Risk recognition, safety planning, help-seeking, exploitation awareness, risk reduction
Voice, Participation & Rights	Expressing views, meeting participation, complaints, advocacy, co-production



Real-time progress tracking across all six SCCIF domains with BDSE visualisation, accessible on tablet devices for use in 1:1 sessions.

4.2.2 BDSE Level Descriptors (Example: Emotional Regulation)

Level	What the Young Person Can Do
Beginning	The young person cannot name their feelings and communicates distress solely through behaviour — such as aggression, self-harm, or withdrawal.
Developing	The young person can name basic feelings with support — such as angry, sad, or scared — using taught emotional vocabulary.
Secure	The young person can name their feelings independently, using statements such as "I feel angry" or "I'm anxious."
Exceeding	The young person is an expert in their own emotions, understanding complex feelings and patterns with sophisticated insight.

4.2.3 SCCIF Evidence Mapping

Each BDSE descriptor is directly linked to SCCIF evaluation criteria, ensuring that all recorded progress provides regulator-ready evidence:

BDSE Level	SCCIF 'Good' Criteria Evidenced
Beginning → Developing	"Children are helped to develop skills and strategies to manage their own conflicts and difficult feelings."
Developing → Secure	"Children are enabled to build trusted and secure relationships with the adults who look after them."
Secure → Exceeding	"Children are treated with dignity and respect... and helps them develop a positive self-view."

5 Assessment, Monitoring and Reporting

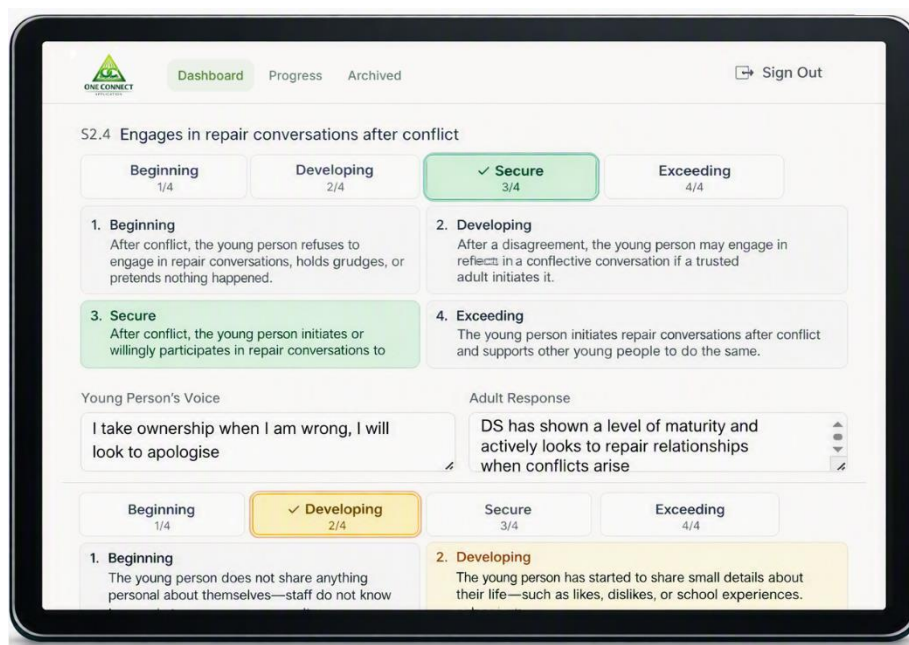
5.1 The One Connect App

Central to the One Connect App is a purpose-built dynamic monitoring and analytics application that provides **real-time, actionable intelligence** for all stakeholders.

Feature	Description
Real-Time Progress Dashboards	Visual summary of competency development across all six SCCIF domains, with trend analysis showing progress over the entire placement duration
Six Domain Competency Tracking	All 30 indicators (5 criteria × 6 domains) scored and tracked across baseline and regular checkpoints
SCCIF Area Overview	Visual data and charts for the three SCCIF judgement areas on the dashboard and in reports
Young Person Voice Tracking	Systematic recording of the young person's voice and emotional state throughout their journey
Stakeholder Observation Recording	Secure recording of observations from key workers, care staff, and other professionals
Baseline and Ongoing Comparison	Clear evidence of progress from admission through to transition
Automated Report Generation	Comprehensive summary reports for inspections, Regulation 45 reviews, and transition planning
Secure Data Hub	Centralised, secure data sharing for the multi-agency team, with appropriate data protection and confidentiality safeguards

5.2 Assessment Schedule

Assessment Point	Timing	Purpose
Baseline	Week 1-2 of placement	Establish starting point across all six domains; identify immediate needs; set initial goals
Ongoing 1:1 Sessions	Weekly throughout placement	Track progress; record young person voice; adjust goals; identify emerging strengths
Quarterly Progress Review	Every 3 months	Thematic analysis of progress; identify trends; adjust care plans as needed
Pre-Inspection Review	Prior to Ofsted inspection	Generate evidence reports mapped to SCCIF criteria; identify gaps
Transition Review	Prior to placement move	Capture overall progress; identify ongoing support needs; inform transition planning



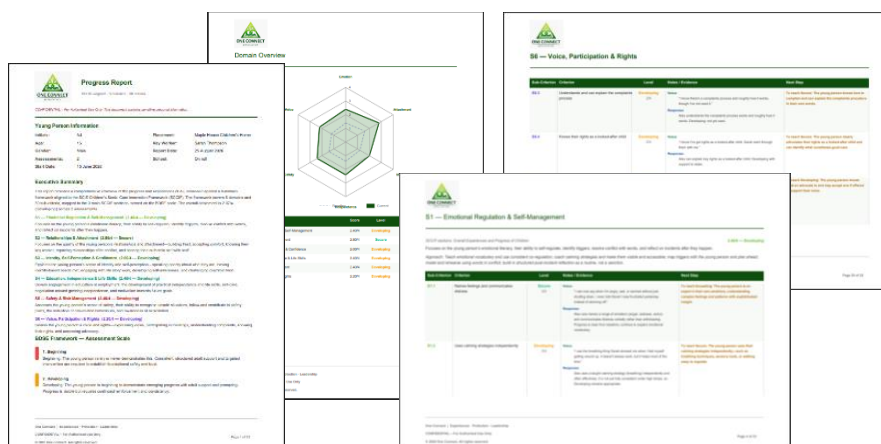
The screenshot displays the One Connect App interface on a tablet. At the top, there's a navigation bar with 'Dashboard', 'Progress', and 'Archived' tabs, and a 'Sign Out' button. The main content area shows a progress assessment for domain '52.4 Engages in repair conversations after conflict'. It features four progress levels: 'Beginning' (1/4), 'Developing' (2/4), 'Secure' (3/4, highlighted with a green checkmark), and 'Exceeding' (4/4). Below these, there are four numbered boxes describing each level: 1. Beginning (refuses to engage), 2. Developing (may engage in reflective conversation), 3. Secure (initiates or willingly participates in repair conversations), and 4. Exceeding (initiates repair conversations and supports others). The 'Young Person's Voice' section shows a text input with 'I take ownership when I am wrong, I will look to apologise'. The 'Adult Response' section shows a text input with 'DS has shown a level of maturity and actively looks to repair relationships when conflicts arise'. At the bottom, there's another set of progress levels: 'Beginning' (1/4), 'Developing' (2/4, highlighted with a yellow checkmark), 'Secure' (3/4), and 'Exceeding' (4/4). Below these are two numbered boxes: 1. Beginning (does not share anything personal) and 2. Developing (has started to share small details).

The One Connect App transforms weekly 1:1 sessions into regulator-ready evidence, tracking young people's progress from Beginning to Exceeding across six SCCIF-aligned domains

5.3 Reporting

The automated reporting system provides:

Report Feature	Description
Six Domain Radar Diagram	Visual representation of scores across all six SCCIF domains with BDSE gridlines (1-4)
SCCIF Judgement Area Summary	Visual representation of progress mapped to the three SCCIF judgement areas
Competency Scores Table	Numerical scores for each criterion with BDSE level and trend
Graduated Descriptors	Detailed BDSE level descriptors for each criterion with evidence from 1:1 sessions
Young Person Voice Summary	Collated views and feedback from 1:1 sessions
Progress Over Time	Trend analysis showing movement across BDSE levels throughout placement
Gap Analysis	Identification of areas where progress is not being demonstrated
Action Plan	Auto-populated recommendations for supervision and care planning



Example of an automated progress report generated by the One Connect App,

6 Regulatory Compliance Benefits

6.1 Direct Regulatory Obligations Served by Automated Reports

Regulatory Requirement	What the App Report Provides	Regulatory Body
Regulation 45 Quality Review (6-monthly)	Aggregated progress data across all young people, showing "starting points → what changed → how staff made the difference" — the analysis and evaluation required for formal quality of care reviews	Ofsted / Responsible Individual
Regulation 44 Monthly Visit	Auditable trail of 1:1 sessions, young person voice evidence, and progress tracking that the Independent Person can inspect	Ofsted / Independent Visitor
SCCIF Inspections	Evidence mapped directly to judgement areas: Overall Experiences & Progress, Helped & Protected, Effectiveness of Leaders & Managers	Ofsted
Care Planning Standard (Reg 14)	Sequential progress tracking (Beginning → Developing → Secure → Exceeding) demonstrating individualised care and measurable outcomes over time	Ofsted
Quality Assurance Monitoring	Thematic dashboards showing trends in incidents, progress, and young people's views — enabling registered managers to "establish and maintain a system for monitoring, reviewing and evaluating the quality of care"	Registered Manager / Responsible Individual

6.2 How Reports Support Each Regulatory Body

Ofsted Inspectors

Ofsted inspectors evaluate homes against SCCIF criteria, focusing on **impact** rather than process. Automated reports provide:

- **Evidence of Progress over Time:** Reports aggregate individual young person progress (e.g., moving from *Developing* to *Secure* in emotional regulation) to demonstrate the home's impact on outcomes
- **Young Person Voice:** Reports include collated views from 1:1 sessions, directly addressing SCCIF requirements that "children's views are understood and taken into account"
- **Narrative of Change:** Reports connect specific staff actions to young person progress over the entire placement, answering inspectors' core question: "*What did staff do that made the difference?*"

Registered Managers

The Children's Homes Regulations require managers to "establish and maintain a system for monitoring, reviewing and evaluating the quality of care." Automated reports:

- **Identify Gaps:** Flag areas where progress is not being demonstrated, enabling proactive improvement before inspections
- **Generate Action Plans:** Auto-populate from flagged gaps, ready for supervision or Responsible Individual oversight meetings
- **Provide Audit Trail:** Document that monitoring is occurring systematically throughout each placement, demonstrating compliance with Regulation 45 requirements

Regulation 44 Independent Visitors

The Independent Person must "read the Daily Log, records of restraints, incidents, reports of notifiable events" and "meet and talk to children" to form an opinion on whether children are safeguarded and their wellbeing promoted. Reports:

- **Streamline Inspection:** Aggregate records of 1:1 consultations, incidents, and progress in one accessible format
- **Evidence Young Person Engagement:** Demonstrate that 1:1 meetings are happening regularly and children's views are being recorded throughout their placement

Responsible Individuals

The Responsible Individual oversees the home's quality assurance. Automated reports:

- **Demonstrate Governance:** Provide dashboard-level oversight of progress, incidents, and improvement actions across all placements
- **Support Regulation 45 Review:** Contribute evidence for the formal 6-monthly quality review submitted to Ofsted

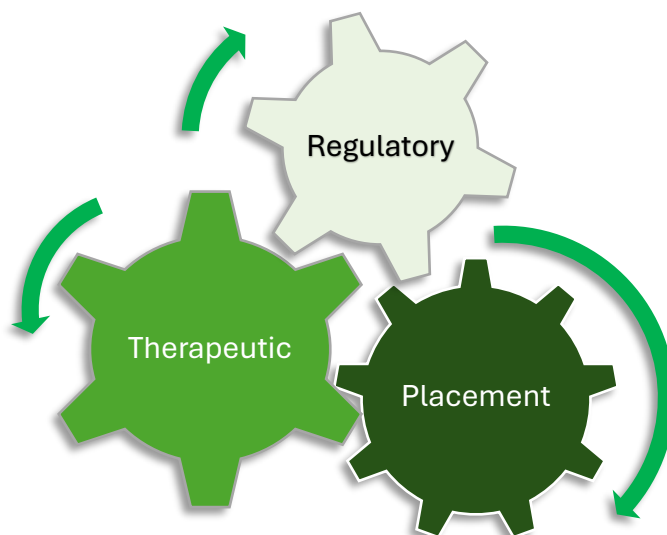
6.3 Regulatory Risks Addressed by Automated Reporting

Regulatory Risk	How Reporting Mitigates
"The gap between what the regulations require and what most homes can practically evidence is enormous"	Reports are structured against SCCIF criteria, ensuring evidence is captured from the point of care throughout the placement rather than retrospectively
"Generic Word templates and no structured feedback on documentation"	Automated reports provide structured feedback mapped to Regulations and SCCIF
Inconsistent monitoring	The app creates a "schedule of monitoring" ensuring tracking continues throughout the placement, even in the manager's absence
Missing audit trail	Every 1:1 session creates a dated, auditable record that can be inspected
No evidence of impact	BDSE progression across domains demonstrates measurable impact of care over time

7 Benefits for Stakeholders

7.1 Measurable Outcomes

The app delivers measurable impact across three domains:



7.1.1 Regulatory Compliance Outcomes

Outcome	How the App Delivers
Inspection-ready evidence	Evidence structured against SCCIF criteria and captured at the point of care throughout the placement
Regulation 45 compliance	Aggregated progress data with analysis and evaluation for formal quality reviews
Regulation 44 compliance	Auditable trail of 1:1 sessions and young person voice
Care planning compliance	Sequential progress tracking demonstrating individualised care and measurable outcomes

7.1.2 Therapeutic Outcomes

Outcome	How the App Delivers
Improved emotional regulation	BDSE tracking shows young people developing strategies to manage stress and frustration over time
Increased resilience	Progress across domains demonstrates protective factors and coping strategies being built
Enhanced self-efficacy	Young people track their own progress, building belief they can affect what happens to them
Reduced anxiety	Predictable 1:1 routine and trauma-informed support tracked through BDSE progression

7.1.3 Placement Outcomes

Outcome	How the App Delivers
Placement stability	Regular monitoring identifies emerging needs early, enabling proactive intervention
Successful transition	Comprehensive exit portfolio supports next placement with rich data on progress and needs
Corporate parenting evidenced	Active monitoring and intervention demonstrated throughout placement

7.2 Stakeholder Benefits

Stakeholder	Benefit
Young People	Routine and consistency; progress is visible and celebrated; their voice is heard and recorded throughout their placement; they co-produce their care journey
Care Staff & Key Workers	Structured 1:1 sessions; clear framework for tracking progress; automated reporting reduces admin burden; evidence of impact of their work
Registered Managers	Real-time oversight of progress across all placements; gap identification before inspections; audit trail of monitoring activity
Responsible Individuals	Dashboard-level oversight; evidence for Regulation 45 reviews; assurance that quality is being monitored
Regulation 44 Visitors	Accessible, auditable records; evidence of young person engagement; streamlined inspection process
Ofsted Inspectors	Clear, structured evidence narrative; progress demonstrated over time; young person voice captured
Local Authorities & Virtual School Heads	Evidence of corporate parenting; progress data for PEPs and reviews; transition information
Families	Confidence that their child is making progress; regular updates on achievements

8. Impact: What the App Achieves

8.1 For Young People

Outcome	Anticipated Impact
Voice and Participation	Young people actively participate in tracking their own progress throughout their placement
Self-Awareness	Young people develop understanding of their own strengths and areas for development
Goal Achievement	Young people set and achieve meaningful goals, building confidence and self-efficacy
Positive Identity	Young people develop a positive narrative about their progress and future
Smooth Transition	Young people move on with a clear understanding of their progress and ongoing needs

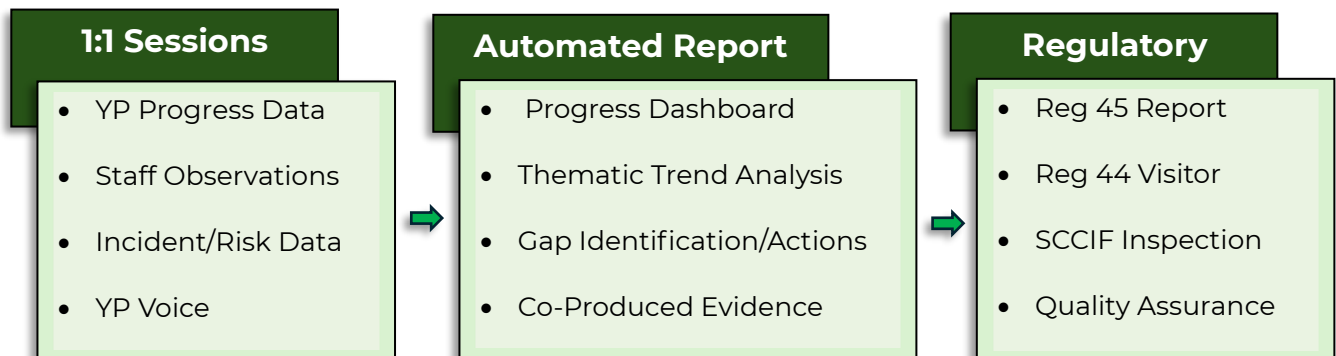
8.2 For the Home

Outcome	Anticipated Impact
Inspection Readiness	Evidence is structured and ready for Ofsted inspection at all times
Regulatory Compliance	Clear evidence of monitoring, review, and evaluation throughout placements
Improved Practice	Gap identification enables proactive improvement before issues escalate
Staff Development	Supervision is informed by progress data; staff can see the impact of their work
Quality Assurance	Thematic dashboards support strategic decision-making

8.3 Whole-Service Impact

Outcome	Anticipated Impact
SCCIF Evidence	Mapped to all three judgement areas: Overall Experiences & Progress, Helped & Protected, Effectiveness of Leaders & Managers
Regulation 45 Compliance	6-monthly quality reviews informed by robust progress data
Regulation 44 Compliance	Monthly visits supported by accessible, auditable records
Care Planning	Individualised care demonstrated through BDSE progression
Corporate Parenting	Clear evidence that the home is actively monitoring and intervening to improve outcomes

9 From 1:1 Sessions to Regulatory Evidence



Every 1:1 meeting feeds directly into automated regulatory reporting. Young person progress, staff observations, and voice are transformed into structured evidence for Regulation 44, Regulation 45, SCCIF inspections, and quality assurance — ensuring that good practice is not just delivered but demonstrably proven

10 Conclusion

The **One Connect App** provides a comprehensive, evidence-based response to the regulatory challenges facing children's residential care homes. Built on trauma-informed practice principles, the SCCIF framework, and a robust evidence base for structured progress tracking, the app delivers:

- **Ongoing evidence capture** — from admission through to transition
- **Young person-centred approach** — young people co-produce their progress journey
- **1:1 session integration** — progress tracked through meaningful therapeutic meetings
- **Automated regulatory reporting** — structured evidence for Ofsted, Regulation 44, and Regulation 45
- **Six domain tracking** — comprehensive coverage of SCCIF outcomes
- **BDSE progression** — clear demonstration of impact over time
- **Gap identification** — proactive improvement before inspections
- **Seamless transition** — comprehensive exit portfolios for next placements

This executive summary is designed to be a living document; adapt based on the needs of your home, staff expertise, and available resources. The journey from Beginning to Exceeding is not linear; celebrate every step of progress along the way.